

***PRESENT-DOWNLOAD:***

**Which aspects are the most important and decisive  
e.g. by the purchase, sale and energy increase  
of the apartment, the house or the company?**

*(Excerpt from the e-book 2)*

***Your perfect holistic Health***

*The most successful tips and ideas  
for your complete vitality and health*

*Volume 2*

**Question 10:**

***“Could you tell me please, what is included in a house, apartment or building consultation?”***

A house, apartment, building complex or property consultation comprises of many different factors, which will have to be more or less examined and processed based on existing stresses.

Of particular importance are the following areas:

1. All areas and forms of the existing housing (the physical house or surrounding areas) will, with the appropriate arrangements and resources, come to life and harmonize, ultimately leading to the integration and binding of the holistic aspect of such buildings. The small details concerning the ***living area*** of a house, apartment or office always reflects and mirrors how a family, employees or members live their day to day lives.

Primarily with regards to the following areas:

- \* Entrance, Beginning, Commencement
- \* Middle, Center, the I am, Oneness, the Higher Self
- \* Helpful friends, Authority, Father, Fatherhood, Mentor, Teacher;  
*Head*
- \* Children, Projects, Travels, Creativity, Joy, Purity; *Mouth, Lungs*
- \* Relationships, Partnerships, Marriage, Mother; *Stomach, Abdomen*
- \* Glory, Honor, Command, Festivities, Charisma; *Eyes, Heart*

- \* Prosperity, Abundance, Success, Wealth, Profit; *Upper legs*
  - \* Health, Family; *Feet*
  - \* Knowledge, Intellect, Information, Study; *Hands*
  - \* Career, Development; *Ears, Kidneys*
2. The energy block, energy pause, or energy vents that are present in so many houses will be repaired when a house rich in ***positive energy*** and peace is finally obtained. It goes without saying that all parts and areas of a house are tied together by an energy flow, and is consequently filled with an ample supply of the necessary life energy. This energy begins immediately with the most important and most used part of a house: the Entrance. Our approach is based on many different principles including Architectural Principles, Environmental Analysis, the Geomancy of the area and Feng Shui (The areas of Geomancy and Feng Shui will be discussed later).
  3. The ***environmental forces – the geopathic and electromagnetic stresses and loads:***  
Subterranean water streams & water streams intersections, geologic fault lines, crevices, rock fractures, clefts, hollows, subterranean metal lines, growth power streams, power Ley lines, radon gas, global geomagnetic grids (e.g. Hartmann, Curry and other grids), as well as high voltage transmission lines, electro smog and other stresses (sick buildings syndrome is the main topic of this part).  
This part of the consultation is a very important element to consider because it has a huge impact on our overall health. (See also chapter 4 and 9 in the book).
  4. It often happens that houses or buildings, especially in older structures, create a ***negative energy influence*** which then creates many stresses within the household. Whether this type of energy is connected with the previous homeowner or whether it is based on other factors, this existing energy should always be brought under control using the appropriate resources. I mention this idea because this topic is often discussed during the consultation. It is important to address because this kind of energy plays a large role in the overall well-being of a person. (It could be in the form of mental stress - envy, a curse, an imprecation - or also deceased souls).
  5. Especially with regards to buying or selling property (real estate), it is important to pay attention to the ***personal relationships*** of the people you are dealing with. With that in mind I will often examine the relationship a person has with their neighbours, to be certain of why the property is being sold - the line of succession and other relationships. These combined factors have the ability to create stresses and strains and figuratively block the object/area

being considered for a purchase. (These types of problems happen all too often in this business. The enormous strength of the mind is very important - much more than we are aware in our every day to day life).

6. The next important fact is that homeowners should be allowed to live wherever they desire - to have the *permission* to live on that piece of land. (This is especially true related to the beings living there for very, very long time). I only mention this because I have already had the experiences where an agreement between the two parties did not exist, which resulted in the homeowner having to fight their way through many problems.

In addition, the connection with the harmony of the environment should be examined closely. Moreover, this overall harmony is an important step in averting or avoiding many accidents, avalanches, mudslides, and other natural disasters.

(The human race only accounts for a small percentage of the beings found in the world. There are indeed many other beings already within the different stages of evolution and different degrees of energetic compressions. The physical world is only a small part of the surroundings and complex events that we all group together and call »life«.)

#### 7. *The Energy level of the building*

A person needs a house with a minimum of 6500 Bovis units in order to have an optimal, healthy, and harmonic life. In order to increase the collective energy of a living space the main focus has to be on having an appropriate consultation performed. The tremendous positive effect a consultation can have on the relationship between a building and its inhabitants will be immediately noticeable in all aspects of our life (as shown in the following sections where the advantages and overall improvements will soon become clear).

### **Geomancy and Feng Shui**

Firstly, what is Geomancy?

The western idea of Geomancy is, in the modern sense, a traditional thought created by our ancestors (namely the Celts) which showcases the importance of building design, all - while taking the layout of the living space into consideration - making sure it is in harmony with the earth, nature and the cosmos.

The design starting points for both Geomancy and Feng Shui are very similar.

There are many books on the market which cover this important and ever expanding topic. Therefore I will only briefly touch on this topic by explaining one very important aspect and how it can be applied to an overall building design.

Feng Shui, along with Geomancy, is built upon many different and important principles.

One of the principles is the law of interaction: *“Above is like below, inside is like outside”* - described by Hermes Trismegistos (microcosm ↔ macrocosm).

Every house, company, office, apartment, city, or piece of land mirrors the people who live/work there. Persons design and create their surroundings based on images, settings and their views of the world.

The designing stage is exactly the point where a **housing consultation** is introduced and used:

All aspects of the people living and/or working in a building - the skills, problems and situations - are reflections, or rather mirror images, of the building itself. An outsider can really gauge the situation well by considering this when observing the living space. It is at this precise point where the housing consultation begins. (Our clients will be given the best types of atmosphere and possibilities through changing and improving the actual physical building structure and living area.)

It is clear that the building is both physically stronger and bigger than a person, and that this building and all of its open space, when in the best condition possible, i.e. with the highest level of energy use, will then create the optimal living conditions for the inhabitant and their lives, whether it be private or professional, by always allowing the energy to manifest and reveal itself in the living space.

Every space found in a building reflects the living situation of the person who lives there, much the way the corresponding body parts, organs and internal systems do (as in, for example, the circulation system, the digestive system, and the nervous system). The affected person's corresponding aspects of life will also be vastly improved through the improvement, enhancement and the initiation of the building's space and energy.

Included is also an example of our consultation so you can better understand this concept:

### **Active / Passive – Yang / Yin**

A building's active and passive areas (yang/yin) are very important aspects and will therefore be discussed and targeted during the consultation. This will then conform and fit to, in the figurative sense, a person's sympathetic and parasympathetic nervous system.

The main goal of such a consultation, with regards to both the building (house or office) as well as the persons, is to build and stabilise the harmony - outside and inside. (Ex. hyperactive children, unexplainable tiredness, small performances at work, or stress as well as other such things all reveal possible problems between a person and their space).

## **The benefits and improvements**

I am often asked:

***“What types of benefits and improvements will I be able to obtain through a holistic house, apartment or building consultation?”***

The improvements and changes made to a building (house, apartment or office) all offer - using the law of interaction effect of ***“What is inside is outside, what is outside is inside”***- the best possibility to improve and change a person’s own living situation both personally and professionally. When these alterations are made, the following changes will take place:

- A company’s overall turnover rate will increase
- Productivity will rise
- The rates of illness and sickness will decrease
- There will be an optimal and productive work climate
- The overall health of the employees will improve and stabilise
- The financial situation will improve and profits will increase
- New partnerships will be created or existing relationships will improve and become better.
- The relationship between employees, family members or the community will harmonise
- A child’s development will be fostered and taken care of (i.e. learning or relationship problems)
- Professional careers will take off
- A person will find a new and more suitable career or job
- A person will be able to make an important sale or purchase
- Many other noticeable improvements in day to day life will occur

This short description shows only a small piece of the much larger and complex topic relating to housing and company space and energy. Our houses, apartments and work spaces have such a great affect on our overall health and well being that, without question, a person must take these factors into consideration if they want to lead a healthy and prosperous life.